

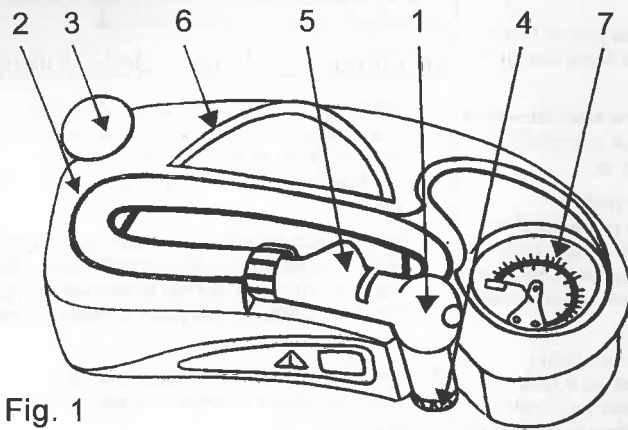


Fig. 1

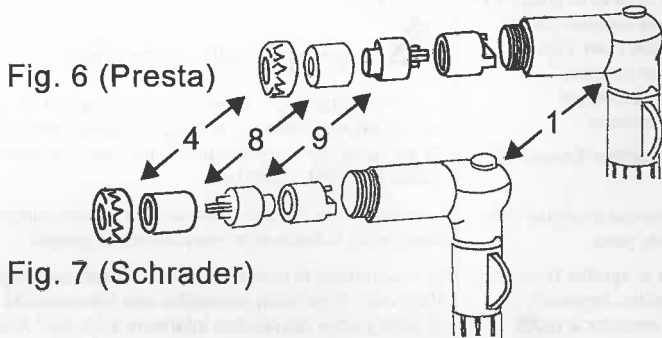


Fig. 6 (Presta)

Fig. 7 (Schrader)

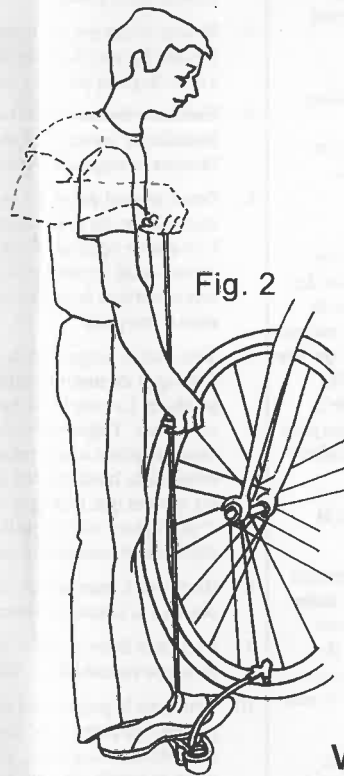


Fig. 2

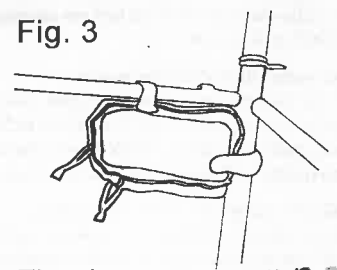


Fig. 3

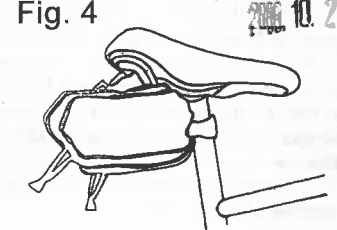


Fig. 4

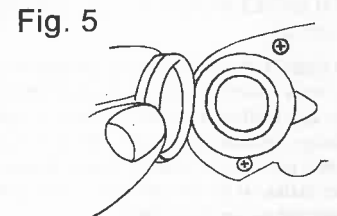


Fig. 5

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⚠ Important: Read Safety Instructions before use – Important: Lisez les consignes de sécurité avant utilisation – Wichtig: Lesen Sie die Sicherheitsvorschriften vor Gebrauch – Importante: Lea las instrucciones de seguridad antes de su uso – Importante: Leggere le istruzioni di sicurezza prima dell'uso – 重要。使用の前に安全指示を読みなさい – 注意事项。使用前请阅读安全指示

⚠ Safety Instructions

- The yellow warning label on the pump means that you should **read these instructions** before using the pump.
- **Do NOT over-inflate your tyres.** Your Cyclaire pump is much easier to use than a regular pump so it is easy to over-inflate your tyres. Do not exceed the maximum pressure stated on the sidewall of each tyre.
- **Do NOT over-use this pump.** Your Cyclaire pump is designed for normal domestic use as a bicycle pump. It will inflate most tyres sufficiently in less than 2 minutes. If you use it continuously for more than 3 minutes then it may overheat and be damaged. **To prevent it overheating, let it cool for 15 minutes after every 3 minutes use.** Also, do not use this pump for more than 10 minutes per day (see special note on vibration).
- **DO swap the handle** regularly between your left and right hands.
- **STOP using this pump** immediately if you experience anything unusual like numbness, pain, loss of strength, change in skin colour or texture, or loss of feeling in the fingers, hands or joints (see special note on vibration).
- **Do NOT attempt to open the pump case.** There are no user-serviceable parts inside.

Operating Instructions

1. Unclip the connector (1) and the hose (2) from the pump.
2. Unclip the handle (3) from the pump.

3. Check that the nozzle (4) is set for the type of valves you have on your bike (see 'Setting up the Pump Nozzle').
4. Put the pump on the ground next to the tyre and turn the bike-wheel so that the tyre-valve is near to the ground.
5. Push the nozzle firmly onto the tyre-valve and twist the lever (5) a quarter-turn to make it secure and prevent any air leaks.
6. Put your **right** foot onto the rubber foot pad (6) to hold the pump in place. You should have the ball of your foot on the foot pad and your heel on the ground. It is important that the pump is held securely under your foot.
7. Pull on the handle to pump up your tyres. **Swap the handle regularly between your hands.** The strap is long so there is no need to bend down. **Stand up straight and pull the handle repeatedly from about thigh-height to about shoulder-height** (see Fig 2). It is normal for the handle to vibrate during use, but see special note on vibration.
8. Watch the pressure gauge (7) and stop when you get to the pressure specified on your tyre.
9. Twist the lever back to its original position to remove the connector from the tyre-valve.
10. Clip the handle back into the pump. Starting near the gauge, push the hose back into its groove, then finally clip the connector back into the pump.

Note 1: This pump is for use on bicycle tyres. Pumping larger tyres may cause it to overheat or may take more than 10 minutes.

Note 2: The carrying case attaches to your bike in the frame (Fig 3) or under the saddle (Fig 4).

Note 3: There are two puncture repair patches under the round stopper under the pump (Fig 5).

Note 4: Keep your foot away from the Strap to prevent the Strap rubbing your shoe.

Setting up the Pump Nozzle

1. Check to see if your tyres have Schrader (wide, car-type) or Presta (narrow) valves. You may need to change the set-up of the pump nozzle to suit your tyres.
2. To do this, carefully unscrew the nozzle (4) and remove parts 8 and 9. Flip both parts 8 and 9 through 180 degrees as shown in Figs 6 and 7, then replace them and screw the nozzle back onto the connector.
3. Adjust the tightness of the nozzle to suit the exact dimensions of your tyre valves.

⚠ Special Note: Vibration

During use, the handle of the Cyclaire pump transmits vibrations to the hand, typically between 18 and 28 ms⁻² and averaging 24 ms⁻², measured according to ISO 5349-1 (2001).

The amount of vibration you experience will vary depending on how you use the pump.

If you use the pump for less than 10 minutes per day then your Daily Vibration Exposure from this pump should be less than 2.4 ms⁻². This is roughly equivalent to riding a bicycle for 70 minutes.

This level of vibration is most unlikely to cause you any health problems but people vary in their sensitivity to vibration so if in doubt you should stop using this pump.