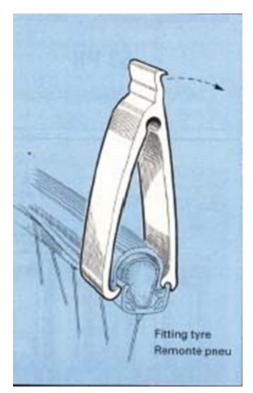
VAR Tyre Lever Instructions



Put one bead of the tyre onto the wheel. Inflate the inner tube sufficiently for it to hold its shape, but not enough that it takes up too much room. Insert the valve into the valve hole in the rim, and then place the inner tube inside the tyre.

Now starting at the valve area put the other bead of the tyre into the wheel rim. Press the valve of the inner tube into the tyre and squeeze the beads together into the recess of the rim. Put the side of the wheel opposite the valve onto the floor and then with one hand on each side of the wheel stretch the tyre and with your thumbs press the bead onto the rim. When you get to the side opposite the rim you will have a short section of tyre that forms a straight line outside the rim, place the VAR tyre levers hook under this section, and clip the other leg of the lever to the rim on the far side of the tyre. Now simply push the lever at the top towards the side of the tyre that is fitted, as if by magic the bead will jump into place.



The VAR tyre lever also includes a slide out normal style tyre lever for removing a tyre.

Removing tyre Démonte pneu